

Blue Shield has been committed to taking care of Californians for more than 75 years. Thank you for choosing us for your healthcare coverage needs.

Call us today at **(877) 657-2526**. Find out how you may qualify for potential cost savings and wider coverage options.

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live by your own plan



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Blue Shield of California offers health plans that fit your life and your pocketbook.

Blue Shield of California values your membership, and we strive to make health care affordable for all.

We wanted to let you know about several 2016 plan options that may result in potential cost savings for your monthly premium. These plans also provide you with guaranteed coverage without regard to health status.

During the upcoming open enrollment period, you can easily move from your existing plan to a new plan with no interruption in coverage. But you must call to actively change your plan coverage. You may even qualify for financial help through Covered California, the state health benefit exchange.

Some benefits of these plans include:



Predictable copays for primary care and specialist office visits



Coverage for preventive screenings, vaccines, and prenatal care at no additional cost to you



Prescription drug coverage



Access to covered services when you are away from home with the BlueCard® Program



A maximum limit on your out-of-pocket expenses for covered services in a plan year



Coverage for urgent and emergency care, just in case

Don't delay. Call us at **(877) 657-2526** to select a new plan by December 15, 2015 that will be effective as early as January 1, 2016. Our representatives will also help you find a doctor or verify if your current doctor is available in our network.

Live by your own plan

Blue Shield continues to explore innovative ways for you to access care when you need it, including:

- Our telehealth services, using electronic technologies for long-distance care in select regions
- Access to a network of MinuteClinics to get timely and convenient care

You come first

Blue Shield has tools and resources with your needs in mind.

- Treatment Cost Estimator: an online tool to help you budget for future healthcare expenses
- NurseHealth 24/7: immediate health advice around the clock
- Wellvolution: Our wellness program helps you set your own health goals while inviting family and friends to support or join you. Wellvolution is available on any of your mobile devices
- Wellness discounts: discounts on wellness programs and services to help you save money and stay healthy